

MY CHOICE.  
MY DOCTOR.  
MY SOUTH BAY.

# Torrance Memorial IPA Overview



MY CHOICE.  
MY DOCTOR.  
MY SOUTH BAY.



# Your Torrance Memorial IPA Broker Support Team

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***Member Services***

*310-257-7250*

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# Torrance Memorial IPA Difference

# Torrance Memorial IPA



A nonprofit, multi-specialty physician network and a division of Torrance Memorial Health that has been taking care of the South Bay for more than 40 years



# Provider Network



## 500+ Physicians

- 52 Family Medicine
- 49 Internal Medicine
- 40 General Pediatricians
- 141 Primary Care
- 27 GYN
- 400+ Specialists

# Torrance Memorial IPA Physician Locations

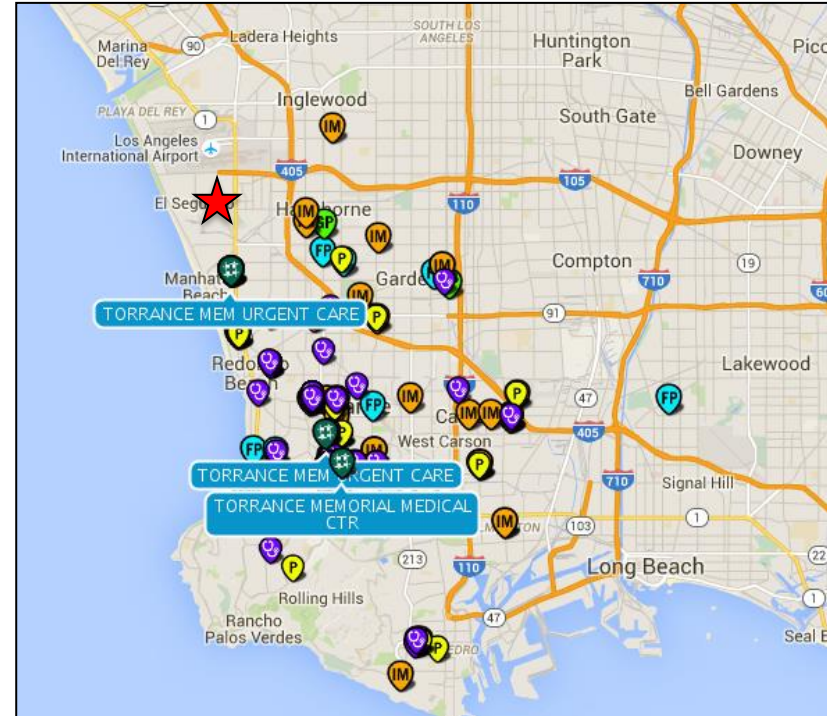
## Network Expansion

- Orthopedic Surgery
- Cardiology
- Palliative Care
- Pain Management
- Family Medicine
- Torrance Memorial Physician Network

## Strong Primary Care Base

- Family Medicine
- Internal Medicine
- General Medicine

## Care Coordination Center (including Coumadin Clinic)



# EXPERIENCE THE Torrance Memorial IPA DIFFERENCE



- Over 500 primary care physicians and specialists\* in all subspecialties of medicine
- Over 40 years in the South Bay and a division of Torrance Memorial Health System
- Convenience! We offer member self-referral to select specialties
- Affiliated with Cedars-Sinai Health System

\*[TorranceMemorialIPA.org/find-a-doctor](https://www.TorranceMemorialIPA.org/find-a-doctor)

# THE **Torrance Memorial IPA** DIFFERENCE:

## Convenient Access

The ONLY medical group in the South Bay offering **MEMBER SELF-REFERRAL** to all contracted health plans with open access to these specialties:

- Behavioral Health
- Cardiology
- Dermatology
- Gastroenterology
- OB/GYN
- Podiatry
- Pulmonology
- Urology
- Case Management – for members with chronic health conditions





# Palliative Care

## ■ What is it?

A specialized Medical care for people living with a serious illness focused on providing relief from symptoms and stress.

## ■ Common Diagnoses

Cancer, Dementia, Neurologic, Heart/Vascular, Respiratory, Kidney & Liver disease

## ■ Benefits To The Patient

- Pain and symptom relief
- Emotional, social and spiritual support
- Discussion of your healthcare wishes
- Planning on future healthcare decisions
- Continuity of care
- Care coordination



# Member Services

- Single point of contact: Helping members navigate the system easier and faster
- Calls answered by a local rep (Spanish Bi-lingual)
- Help with customer service needs:
  - Assistance in finding a doctor
  - Verify eligibility
  - Billing issues
  - Check authorization status of medical treatments



Toll-Free:  
866-568-4472  
TTY: 711

Monday through Friday  
8:30 am – 5 pm  
[TorranceMemorialIPA.org](https://www.TorranceMemorialIPA.org)

# Integrated Care Team

- Comprised of nurses, social workers and staff that are here to support your TMIPA clients
- Facilitates coordination between your client, their caregiver, family, primary care physician and specialists whether they're at the hospital, a skilled nursing facility or at home to ensure they feel their best

Contact the Case Management team directly  
(No referral required)  
**310-257-7282**



# CONVENIENT URGENT CARE CENTERS



## TORRANCE

2900 Lomita  
Boulevard, Torrance,  
CA 90505

Monday through Friday  
9 am – 8 pm  
Saturday, Sunday  
8 am – 6 pm



## MANHATTAN BEACH

855 Manhattan Beach  
Boulevard, Suite 101,  
Manhattan Beach,  
CA 90266

Monday through Friday  
4 – 9 pm  
Saturday, Sunday  
8 am – 5 pm



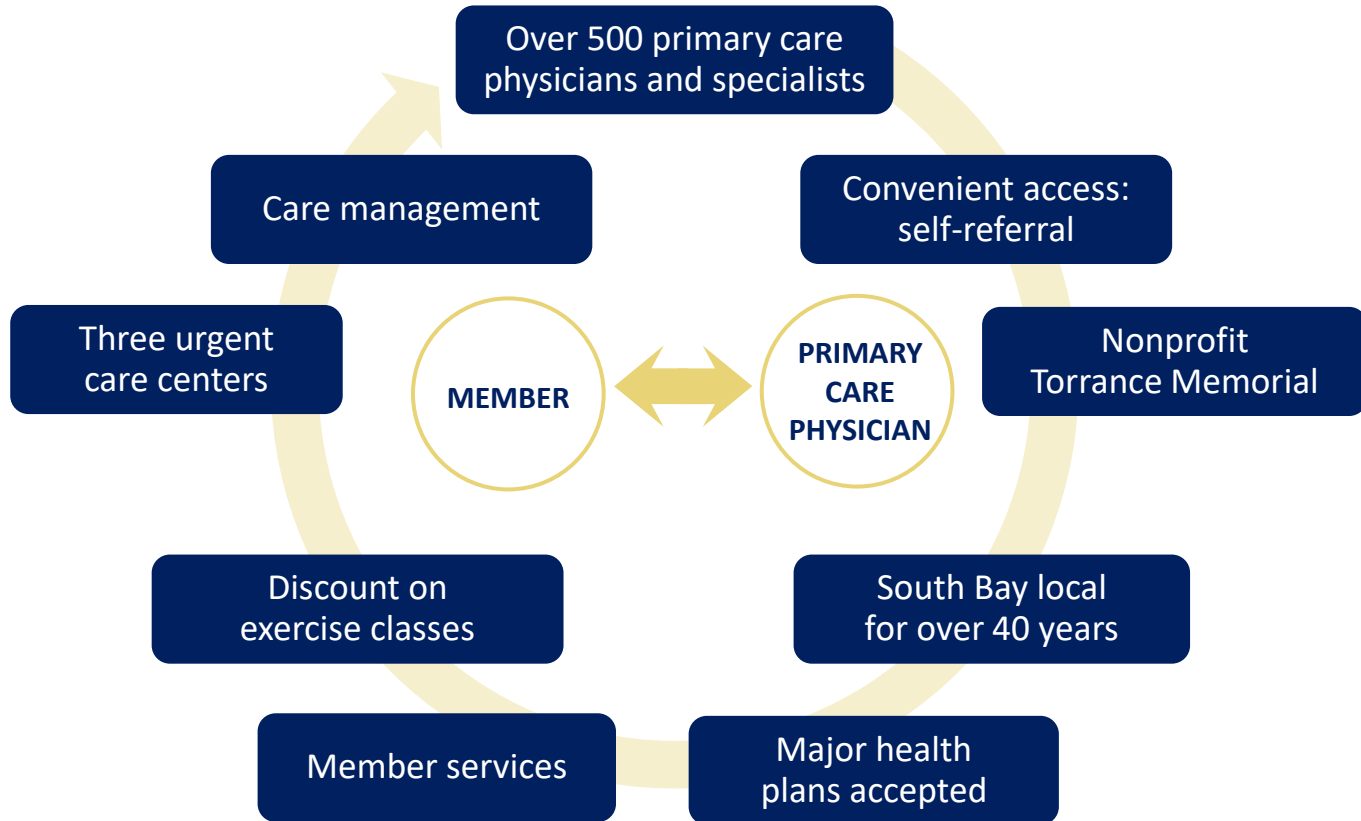
## EL SEGUNDO

2110 E. El Segundo  
Boulevard, Suite 100  
El Segundo, CA 90245

Monday through Friday  
9 am – 8 pm  
Saturday, Sunday  
8 am – 6 pm



# Circle of Health



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# Torrance Memorial Medical Center Updates

# EXPERIENCE THE BEST



# CEDARS-SINAI AFFILIATION

What it is and what it means for **Torrance Memorial IPA**:

- **Strong clinical partner**
  - Neurosurgery/endovascular procedures
  - Cardiothoracic surgery
  - Oncology
  - Cancer clinical trials
- **Strong specialty/quaternary care coordination**

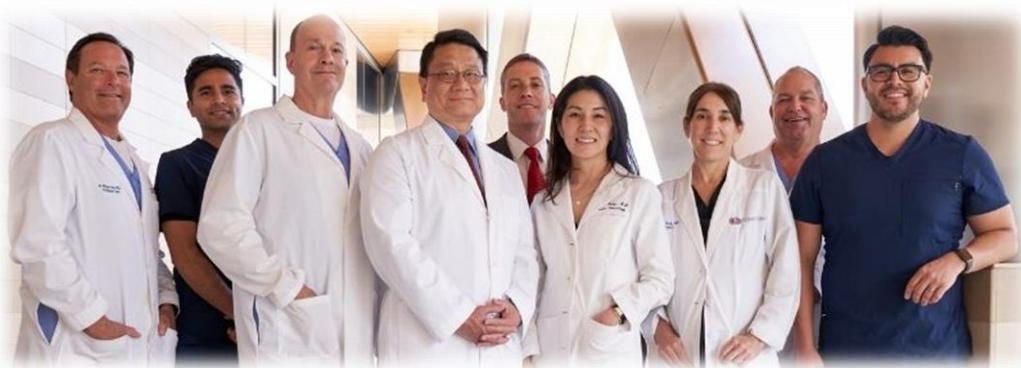
## What it is not:

- Consolidation or combination of provider networks



TORRANCE  
MEMORIAL

An Affiliate of  
 Cedars  
Sinai





# Lundquist Lurie Cardiovascular Institute

## Expertise & Experience

- Volumes and outcomes among the best in the region and nation
  - 3<sup>rd</sup> largest hospital in Los Angeles County for inpatient cardiovascular care
  - Performed over 900+ TAVR procedures
  - Treated over 1,000 heart failure patients with 17.4% decrease in readmission rates and 54.3% decrease in mortality rates since 2016

## Technology

- ECMO
- Impella
- Invested in key technology, such as our hybrid operating rooms and two dedicated electrophysiology labs

## Cedars-Sinai Partnership

- Expanded partnership with Cedars-Sinai cardiothoracic surgery
- Quaternary care – Heart Transplants

## World's Best Hospital Cardiology



# Lundquist Orthopedic Institute

## Exceptional Care

- **2nd largest hospital** in Los Angeles County for inpatient orthopedic care
- Patient Experience: 91<sup>st</sup> percentile in the nation
- Awards:
  - Joint Commission's Seal of Approval (Hip/Knee)
  - U.S. News and World Report High Performing (Orthopedics, Knee and Hip)
  - Blue Distinction Center (Knee, Hip and Spine)
- Advanced Technology: Utilization of the latest technology to improve patient outcomes (i.e. Mako Robotic-Arm Assisted technology)

## Expertise & Experience

Extensive team of surgeons, highly trained nurses and support staff



**TORRANCE MEMORIAL'S LUNDQUIST ORTHOPEDIC INSTITUTE IS THE LEADER IN THE SOUTH BAY.** Our team of multi-disciplinary experts offers one of the most advanced, comprehensive, and minimally invasive orthopedic care programs in Southern California, including Mako® robotic arm-assisted technology. We have the expertise and the experience with nearly three times the number of orthopedic cases than our leading competitor in the South Bay.\* We'll help you get back to doing what you love faster and healthier. Learn more [TorranceMemorial.org/Ortho](https://TorranceMemorial.org/Ortho)

**TORRANCE MEMORIAL**  
A CEDARS-SINAI AFFILIATE

# Do More of What Moves You

"I was in a lot of pain leading up to the surgery. I feel like I have my life back."

— Jill Lynch, Yoga Instructor & Bilateral Hip Replacement Patient

LUNDQUIST ORTHOPEDIC INSTITUTE  
\*Reflects inpatient cases reported to the Office of Statewide Health Planning and Development (OSHPD) 2019 data.

# Lundquist Neurosciences Institute

## Expertise

- Certified Comprehensive Stroke Center
- Expanded neurosurgery and neurovascular surgery program
- Neurological Intensive Care Unit

## Cedars-Sinai Partnership

- 24/7 Advance stroke care through telestroke program
- Collaboration with Cedars-Sinai continues to expand to bring expertise, new technologies, medical research and clinical trials
- Movement disorder clinic/DBS

## Technology

- Brainlab neurosurgery software
- VIPRE RapidScan Technology
- Telemedicine (Telestroke)

## Research & Clinical Trials

- Participate in latest research, including clinical trials in advance stroke treatment



# Hunt Cancer Institute

## Hunt Cancer Center

- 40,000 square-foot building consolidates many cancer treatment services in one location

## Cedars-Sinai Partnership

- Collaboration with Cedars-Sinai continues to expand to bring expertise, new technologies, medical research and clinical trials

## Multidisciplinary Tumor Boards

- Tumor boards allow physicians from multiple specialty areas to collaborate on each patient's case

## Research & Clinical Trials and Genetic Testing

- Currently offering 40+ clinical trials for various common and more rare cancer types including pancreatic, lung, lymphoma and breast cancer
- Access to geneticist to help understand genetic test results and discuss risk-reducing and preventive options.

## Nurse Navigators

- Dedicated nurse navigators to help coordinate patient care, providing guidance through the different stages of treatment



# Emergency Department Expansion



## **Our Goal: Improve Patient Access and Patient Experience**

- 80 treatment areas and 64 licensed beds
- Create an open concept in the center of the unit
- Rooms with glass walls for better viewing, privacy and security
- A consultation office
- Enhancements for noise reduction

# US NEWS & WORLD REPORT BEST HOSPITALS 2023-2024

Hospital Name	CA Ranking	LA Metro Ranking
Cedars-Sinai Medical Center	1	1
Ronald Reagan UCLA Medical Center	1	1
Keck Medical Center of USC	6	3
<b>TORRANCE MEMORIAL MEDICAL CENTER</b>	<b>9</b>	<b>4</b>
Hoag Memorial Hospital	9	4
MemorialCare Long Beach Medical Center	12	6
UC Irvine Medical Center	16	9
Providence Little Company of Mary Medical Center	28	16

**Specialties:** Diabetes & Endocrinology, Cardiology, Heart & Vascular Surgery, Gastroenterology & GI Surgery, Geriatrics, Neurology & Neurosurgery, Orthopedics, Pulmonology & Lung Surgery, Urology

**Procedures & Conditions:** Chronic Obstructive Pulmonary Disease, Colon Cancer Surgery, Diabetes, Heart Attack, Heart Bypass Surgery, Heart Failure, Hip Fracture, Hip Replacement, Kidney Failure, Leukemia, Lymphoma & Myeloma, Lung Cancer Surgery, Pneumonia, Prostate Cancer Surgery, Stroke, TAVR



# Ranked #4 in the Los Angeles Region

# #1 Ranked Hospital in the South Bay

Our medical expertise speaks for itself and becomes even more meaningful when compared to other top-ranking hospitals in the nation, state and South Bay.

Torrance Memorial ranks among the best.



Lundquist Lurie  
Cardiovascular  
Institute

## NEWSWEEK BEST HOSPITALS 2023

Hospital Name	CA Ranking	US Ranking
Ronald Reagan UCLA Medical Center	1	5
Cedars-Sinai Medical Center	3	12
UCLA Medical Center, Santa Monica	5	21
Keck Medical Center of USC	9	37
<b>TORRANCE MEMORIAL MEDICAL CENTER</b>	<b>10</b>	<b>40</b>
MemorialCare Long Beach Medical Center	12	92
UC Irvine Medical Center	14	108
Hoag Memorial Hospital	22	152
Providence Little Company of Mary Medical Center	26	165
Huntington Medical Center	27	173

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# Network Updates & Helpful Resources

# EL Segundo – Nash Street

2110 E. El Segundo Blvd.  
El Segundo, CA 90245



Endoscopy and Imaging Now Open!



Access to a variety  
of medical services  
in one location

- Primary care
- Cardiology
- Pediatrics
- OB/GYN
- Oncology
- Pulmonology
- Gastroenterology
- Urgent care
- Lab draw
- Endoscopy Center
- Imaging (CT scanner, ultrasound)
- Convenient free parking \



## MEET THE EL SEGUNDO PRIMARY CARE TEAM:



### JASON ALVARADO, MD

#### Family/Sports Medicine

Dr. Jason Alvarado is a Family Medicine and Sports Medicine physician. He received his undergraduate Bachelor of Arts in Biology from the University of Chicago, Illinois, and his medical degree from the University of Illinois College of Medicine. He came to Los Angeles in 2015 in order to pursue his internship and residency training in Family Medicine at Harbor-UCLA, where he also completed a fellowship in Sports Medicine. Dr. Alvarado provides full spectrum primary care for adolescents to adults. With his sports medicine expertise, he has a specific interest in treating and preventing musculoskeletal injuries both on and off the field.



### RUMI CADER, MD, MPH, FACP

#### Internal Medicine

Dr. Rumi Cader is board certified in internal medicine. He received his Bachelor of Science in biology and business administration from the University of California at Los Angeles. He graduated from the David Geffen School of Medicine at UCLA. He trained in primary care-internal medicine where he gained greater exposure to adolescent health, geriatrics, men's health, sports medicine, and women's health. He also holds a Master of Public Health Degree, specializing in epidemiology.



### SHINTAU LIN, MD

#### Family/Sports Medicine

Dr. Shintau Lin is a Family Medicine and Sports Medicine physician. She earned her bachelor's degree at the University of California, Berkeley and received her medical degree at the University of Illinois at Chicago College of Medicine. Dr. Lin completed residency in Family Medicine and a fellowship in Sports Medicine at Harbor-UCLA. She is fellowship-trained in treating musculoskeletal injuries, concussions, and other activity-related conditions. She is also experienced in non-surgical interventions for arthritis. Dr. Lin sees patients from adolescence to adulthood.



### MONA MADANI, MD

#### Family Medicine

Dr. Mona Madani is board certified in Family Medicine with interests including preventative care, chronic disease management, women's health, and functional medicine. She completed her Bachelor of Science in Psychology at the University of Texas in Austin and went on to complete her Medical Degree at Ross University School of Medicine in Dominica. Dr. Madani completed her residency training at the University of Texas Health Science Center in Houston. She is experienced in pediatric, adult, and geriatric medicine.



### MATTHEW MEJIA, MD, MPH

#### Family/Sports Medicine

Dr. Matthew Mejia is board certified in Family Medicine with a certificate of added qualification in Sports Medicine. He received his undergraduate degree from Loyola Marymount University and earned a Master of Public Health at the Keck School of Medicine of USC. He completed his Medical Degree at the David Geffen School of Medicine at UCLA. He went on to complete his residency in Family Medicine at Harbor-UCLA, where he treated pediatric, adolescent, adult and geriatric patients. After completing his residency, he did a fellowship in Primary Care Sports Medicine at the Cedars-Sinai Kerlan-Jobe Institute.



## HEALTH SERVICES



### SPECIALTIES

- Cardiology, Ear, Nose & Throat, Gastroenterology, OB/GYN, Oncology, Pediatrics, Primary Care, Pulmonary



### URGENT CARE

- Imaging/ultrasound capabilities
- Lab draw station
- Emergency Room physicians



### ENDOSCOPY CENTER

- State-of-the-art, fully staffed, free-standing endoscopy center
- AAAHC-accredited facility providing diagnostic and therapeutic endoscopies of the upper and lower gastrointestinal tract
- Board-certified specialists



### IMAGING

- State-of-the-art CT scanner and ultrasound
- Torrance Memorial Radiology Department is accredited by the American College of Radiology
- Board-certified radiologists



### LAB DRAW STATION

- Convenient lab draw station
- Supported by Torrance Memorial's updated lab, improving accuracy and timely test results
- Walk-ins welcome

# El Segundo Primary care

# Broker Portal

ALL THE RESOURCES YOU NEED  
ARE JUST A CLICK AWAY ON OUR  
**Torrance Memorial IPA  
Broker Portal**



## BROKER PORTAL LINK:

[torrancememorialipa.org/broker-portal](https://torrancememorialipa.org/broker-portal)

USERNAME: TMIPABrokers PASSWORD: Torrance1# (case sensitive)

- DOWNLOAD Medicare Advantage contracted health plans
- FIND list of our newest primary care physicians
- ACCESS our newest primary care physician bio flyers
- DOWNLOAD AND PRINT our latest physician directory
- AND MUCH MORE!



## MONTHLY BROKER E-NEWSLETTER

To subscribe e-mail:

[Linda.sumoge@tmmc.com](mailto:Linda.sumoge@tmmc.com)

or [Dalia.silva@tmmc.com](mailto:Dalia.silva@tmmc.com)

for our latests updates on

Torrance Memorial IPA.



# Contracted Medicare Advantage Plans

## Medicare Advantage Health Plans

**AARP** | MedicareComplete<sup>®</sup>  
insured through UnitedHealthcare

**aetna**<sup>®</sup>

**Anthem**<sup>®</sup>   
BlueCross

**blue**   
california

**Humana**<sup>®</sup>

 **scan**<sup>®</sup>

**wellcare** <sup>By</sup>   
health net.

Q

&

A

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